

DAY ONE

Reflection: “The Virgin Mary, our Mother, our Patroness and our Sister, is certainly one of the greatest gifts we have received and share with the Church.”

An ancient tradition of the Carmelite Order attributes the prayer, “Flos Carmeli” (Flower of Carmel), to St. Simon Stock; in answer he received the Scapular from Our Blessed Mother. Though not historically proven, this story carries a profound value because it demonstrates how the early Carmelites of Europe found their meaning and stability in the service of the Mother of God. They were certain of her maternal care in every aspect of their relationship with Christ and His Church.

Prayer for each day:

DAY TWO

Reflection: “Carmelite saints have all taken up the theme of ‘Mary as Mother’. ~ St Therese stated: “She is more Mother than Queen” ~ The Carmelite Liturgy has shown special affection for the Gospel scene at the foot of the Cross where Mary “became Mother of all, associated with the offering of her Son and given to all people when Jesus Himself gave her to the beloved disciple.”

Prayer for each day:

DAY THREE

Reflection: “In a world with so much distress and ugliness we are invited to look upwards and to relax in the contemplation of Mary’s beauty, for she is God’s “sign of favor to the Church at its beginning, and the promise of its perfection as the bride of Christ, radiant in beauty.”

Prayer for each day:

DAY FOUR

Reflection: “Those who wear the Scapular are expressing that they are not self sufficient, -that they need divine help, which they are seeking through Mary’s intercession.”

Prayer for each day:

DAY FIVE

Reflection: “Mary shows us the woman’s path to God and stands with us a woman who is the icon of the tenderness of God, a woman who had to face many trials in order to fulfill the vocation given to her by God. She remains as the sign of freedom and liberation for all who in their oppression cry to God.”

Prayer for each day:

DAY SIX

Reflection: “The Scapular implies that we think out and make our own the fact that Mary is our Patroness, who cares for us as a Mother and a Sister. Our Mother nurtures the divine life within us and teaches us the way to God. Our Sister walks with us in the journey of transformation inviting us to make ours her own response, “Let it be done according to your will.”

Prayer for each day:

DAY SEVEN

Reflection: “Mary shows us how to listen to the Word of God in Scripture and in life itself, how to be open to God and close to the needs of our brothers and sisters in a world where poverty in its many forms takes their dignity away.”

Prayer for each day:

DAY EIGHT

Reflection: “Carmel ‘sees’ the Scapular in terms of its understanding of Mary as Patroness, the one who cares for us, who in turn serve her. ~ Mary’s caring is understood to extend beyond death and to be seen especially in her solicitude for our salvation and for our speedy deliverance from Purgatory.”

Prayer for each day:

DAY NINE

Reflection: “The Scapular shows our willingness to witness to our baptismal adoption and to being Mary’s sons and daughters, brothers and sisters, as well as our desire to be clothed with her virtues. Clothed by Mary, we, like her, ponder the Word and show ourselves to be disciples of her Son in our dedication to the works of God’s Reign: truth and life, holiness and grace, justice love and peace.”

Prayer for each day:

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O beautiful Flower of Carmel, most fruitful vine, splendor of heaven, holy and singular, who brought forth the Son of God, still ever remaining a pure virgin, assist us in our necessity! **(pause and mention your petitions)** O Star of the Sea, help and protect us! Show us that you are our Mother!

Our Father, ...

Hail Mary, ...

Glory be ...

Our Lady of Mount Carmel, pray for us!



*Novena in honor of Our Lady of Mount Carmel composed by the Discalced Carmelite Nuns of San Antonio, Texas. Italicized excerpts are from the Scapular Message on the 750th anniversary of the bestowal of the Scapular, “**With Mary, the Mother of Jesus,**” by Fr. Camilo Maccise, O.C.D. and Fr. Joseph Chalmers, O.Carm., Generals of both Carmelite Orders.*



Carmel of the Holy Trinity
New Caney, Texas

**Novena in Honor of
Our Lady of Mount Carmel**