

PRAYER TO OUR LADY OF MOUNT CARMEL

Leader: Mother and Lady of Mount Carmel, our kindly Patroness and amiable Sister, we come to entrust ourselves to you because our lives are but a small return for the many graces and blessings that have come to us through you and through your gift of the scapular.

Response: Hail Mary, Treasure and Beauty of Carmel!
Clothe us with your virtues as you clothe us
with your scapular!

Woman, so poor and lowly in your own eyes, yet who was so blessed by God Most High! Virgin of hope, dawn of a new era, we join in your song of praise to celebrate the Lord's mercy, to proclaim the coming of the kingdom and the full liberation of humanity.

Response: Hail, Mary, First fruit of the Redemption! You
are the perfect image of the fulfillment of the
hopes of all humanity.

Beloved daughter of the Father, faithful Virgin, Mother of the Divine Word, Shrine of the Holy Spirit, ever attentive to His voice, teach us to persevere in listening to the Word, to be docile to the voice of the Spirit, obedient to His promptings in the depths of our consciences and to His manifestations in the events of history.

Response: Hail, Mary, filled with grace! You are blessed
because you listened to the Word of God and
fulfilled it.

Mother of the living and the new Eve! Valiant woman beneath the Cross, be our guide along the pathways of the world. Teach us to experience and to spread the love of Jesus, to accept, as you did, the crosses that come into our lives and to stand with you before the

countless crosses on which your Son still suffers in the sick, the imprisoned, the sorrowful, the unemployed, the financially burdened and the persecuted.

Response: Hail, Mary, Woman of Sorrows, filled with
courage! May the example of your spiritual
strength and trust in God sustain us in our trials.

Mother of the Church, Mother of the Holy Family at Nazareth, Mother of each "domestic church," we entrust to you in a particular way our families and all families throughout the world. Strengthen the bonds uniting them; protect the new lives given to them; make them schools of respect, forgiveness and mutual help; help them to pray together, to endure together, to remain faithful to the teachings and values of Jesus and to draw from the worship of God the courage to face difficulties and challenges in a culture that is increasingly hostile to authentic marriage and the traditional family. With your beloved spouse, St. Joseph, bless all families and lead them to holiness, happiness and peace.

Response: Hail, Mary, Queen and Mother of Families! Help
us all to respond more fully to the demands of our
vocation and mission in the world.

Gentle and compassionate Mother, keep your eyes of mercy turned toward us who wear your scapular and give us your special protection in our daily struggle to remain faithful to Jesus and to you. Help us to live in your sweet companionship, and to offer all to Jesus through you. Protect us in the hour of our death, so that we may exchange our scapular for the wedding garment of heaven.

Response: Hail, Mary, Mother of Carmel and Gate of Heaven!
Be our life, our sweetness and our Hope! Amen.

(Adapted from various prayers of Pope St. John Paul II)